

# VIP Immunoreactivity in Human Aqueous Humor

**Shay-Whey M. Koh,  
Allan R. Rutzen,  
Timothy J. Coll,  
Ramzi K. Hemady,  
and Eve J. Higginbotham**  
Department of Ophthalmology,  
University of Maryland,  
Baltimore, Baltimore,  
Maryland, USA

**ABSTRACT** *Purpose:* To demonstrate the presence of vasoactive intestinal peptide (VIP)-immunoreactive molecule in the human aqueous humor collected from eyes undergoing either cataract or glaucoma surgeries and to identify the masses of molecules responsible for the VIP immunoreactivity. *Methods:* Aqueous humor specimens were collected by paracentesis from nine cataract patients and also from eight patients undergoing glaucoma surgery following the creation of the limbal based conjunctival flap, partial dissection of the scleral flap, and application of mitomycin-C. The aqueous humor specimens were analyzed by radioimmunoassay to determine the level of VIP immunoreactivity. Specimens from 10 other cataract patients were pooled and analyzed for VIP immunoreactivity by Western blot analysis. *Results:* Levels of VIP immunoreactivity in aqueous humor of cataract and glaucoma patients were significantly different and were  $610 \pm 160$  and  $260 \pm 64$  pg VIP/ml, respectively ( $p = 0.03$ ), while there was no correlation between the donor age and the level of VIP immunoreactivity. VIP immunoreactivity was detected as a single molecule with a molecular weight of 9000. *Conclusions:* The disease status and the treatments of the eye that led to surgery and procedures applied to the eye immediately before aqueous humor collection, but not the age of the patients, affected the level of VIP immunoreactivity in the aqueous humor. The relationship between the 9000 Da VIP-immunoreactive molecule and the authentic (3326 Da) VIP remains to be studied.

**KEYWORDS** aqueous humor; corneal endothelial cells; immunoblotting; neuropeptides; trophic factors

## INTRODUCTION

The presence of a neuroendocrine peptidergic system that is capable of synthesizing, processing, and releasing neuropeptides in the human ciliary epithelium has very recently been postulated on the basis of analysis of the cDNA libraries of this tissue.<sup>1</sup> Expression of neuropeptides and neuropeptide-processing enzymes in the ciliary epithelium and the presence of these molecules in the aqueous humor have also supported this postulate.<sup>2,3</sup> On the other hand, the human and bovine corneal endothelium have been shown to express the mRNA and protein of a neuropeptide, vasoactive intestinal peptide (VIP),<sup>4</sup> suggesting that the neural-crest-derived corneal endothelium<sup>5-8</sup> may also have

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*Correspondence:* Shay-Whey M. Koh,  
Ph.D., Rm. 500C MSTF, 10 S. Pine  
Street, Baltimore, MD 21201, USA.  
Tel: 410-706-0775; Fax: 410-706-7057;  
E-mail: skoh@umaryland.edu

neuroendocrine properties. Because both the ciliary epithelium and the corneal endothelium are constantly bathed in the aqueous humor *in vivo*, it is not surprising to find in the aqueous humor immunoreactivity of neuropeptides including calcitonin-gene-related peptide,<sup>9</sup> neurotensin,<sup>2</sup> pituitary adenylate cyclase activating peptide,<sup>10</sup> and VIP.<sup>4,11,12</sup>

Neuropeptides that are released into the aqueous humor may exert important physiological functions through autocrine and/or paracrine mechanisms in tissues that are constantly bathed in the aqueous humor. Recently, we have found that VIP promotes the survival of corneal endothelium under acute oxidative stress in H<sub>2</sub>O<sub>2</sub>-treated human and bovine corneoscleral explants,<sup>4</sup> an effect that may be associated with VIP-stimulated intracellular cAMP production in the corneal endothelium.<sup>13</sup> Whereas VIP has been shown by Nilsson and colleagues,<sup>14,15</sup> to increase the aqueous humor outflow in animals, probably via modulation of the trabecular meshwork, we and others have previously reported that VIP stimulates cAMP production and proliferation of trabecular meshwork cells in cell culture and in laser-treated trabecular meshwork in corneoscleral explant cultures.<sup>16–18</sup> VIP stimulates intracellular cAMP production in nonpigmented ciliary epithelium (a tissue bathed in the aqueous humor), but not in the pigmented ciliary epithelium (which is shielded by the nonpigmented epithelium and not bathed in the aqueous humor).<sup>19–21</sup> Furthermore, VIP immunoreactivity has been shown to contribute to the immunosuppressive property of the aqueous humor<sup>11</sup> that may be responsible, at least in part, for the maintenance of an immune-privileged environment in the anterior chamber (reviewed in Ref. 22). The diverse functions of VIP in tissues that are bathed in the aqueous humor *in vivo* reflect the broad spectrum of biological activities of this neuropeptide. In addition to being a growth and differentiation promoting factor of cells cultured from neural and non-neural tissues,<sup>18,23–26</sup> VIP is also a modulator of specialized functions of differentiated cells. For example, VIP stimulates fluid secretion in intestines,<sup>27,28</sup> prolactin secretion in the pituitary gland,<sup>29</sup> enzyme secretion in the pancreas,<sup>30</sup> macromolecule secretion at the apical membrane of the retinal pigment epithelium,<sup>31</sup> glycoconjugate secretion by the conjunctival goblet cells,<sup>32</sup> and protein secretion by lacrimal gland acinar cells.<sup>33,34</sup> VIP exerts protective effects on a variety of neuronal cells including the retinal ganglion cells through mechanisms that in-

clude stimulation of the release of glia-derived trophic factors.<sup>35–38</sup> The immunomodulatory functions of VIP include that of inhibition of T-lymphocyte proliferation and interleukin-2 production<sup>39</sup> and downregulation of T-lymphocytes by inhibiting the costimulatory function of activated macrophages.<sup>40,41</sup> Furthermore, VIP suppresses the IFN- $\gamma$ -producing and the delayed-type hypersensitivity-causing abilities of lymph-node cells collected from immunized animals.<sup>11</sup>

The nonpigmented epithelium<sup>42,43</sup> and the trabecular meshwork<sup>44</sup> are responsible for the aqueous humor formation and outflow, respectively, while both tissues are responsive to VIP modulation (above). It has recently been reported that the VIP gene in human trabecular meshwork is upregulated by increased intraocular pressure *in vitro*.<sup>45</sup> In this study, we determined by radioimmunoassay (RIA) the level of VIP immunoreactivity in the aqueous humor collected during cataract and glaucoma surgeries and identified for the first time the molecule responsible for the VIP immunoreactivity in the aqueous humor.

## MATERIALS AND METHODS

### Sample Collection

Aqueous humor samples were collected from patients undergoing either cataract or glaucoma surgery. At the first step of the cataract surgery, a paracentesis was performed, and an aqueous humor specimen ranging from 50 to 150  $\mu$ l was drawn using a cannula. During glaucoma surgery, the aqueous humor was removed at the time of the paracentesis following the creation of the limbal-based conjunctival flap, partial dissection of the scleral flap, and application of mitomycin-C. Aqueous humor specimens were chilled on ice and quickly frozen at  $-70^{\circ}\text{C}$ . Aqueous humor samples of 250  $\mu$ l were drawn from each of the enucleated donor human eyes (with less than 36 h postmortem time) obtained from the Central Florida Eye Bank (Tampa, FL, USA), by inserting a hypodermic needle (with an attached syringe) through the center of the cornea and then were frozen on dry ice.

### RIA for VIP in Human Aqueous Humor

VIP immunoreactivity in the samples was assayed using an RIA kit (Research & Diagnostic Antibodies; Berkley, CA, USA). From each of the aqueous humor samples, duplicate 20  $\mu$ l samples were incubated with

the anti-VIP rabbit serum (100  $\mu$ l) at 4°C for 20 h. This was followed by addition of  $^{125}$ I-VIP and the secondary antibody (goat anti-rabbit immunoglobulin serum). The immune complex was spun down after centrifugation at 1500  $\times$  *g* for 20 min, and its radioactivity was measured using a gamma counter. The level of VIP immunoreactivity was calculated from the standard curve generated at the time of assay.

## Western Blot Analysis

Ten aqueous humor samples from cataract patients with a volume of 50–150  $\mu$ l were pooled for a total of 0.8 ml. The pooled specimen was lyophilized and reconstituted in 75  $\mu$ l of a sample buffer containing 0.9 M Tris-HCl, pH 8.45, 24% glycerol, 8% SDS, 0.015% Coomassie Blue G, and 0.005% phenol red (LC 1676; Novex, San Diego, CA, USA) plus 2.5%  $\beta$ -mercaptoethanol for SDS-polyacrylamide gel electrophoresis (PAGE) using preformed Tricine/10–20% polyacrylamide gels (Novex). A sample of 15  $\mu$ l was placed in each lane of the gel. The electrophoresed proteins were electrophoretically transferred to a polyvinylidene difluoride membrane for Western blot analysis using an ECL kit with horseradish peroxidase–linked anti-rabbit IgG secondary antibody (Amersham Pharmacia; Piscataway, NJ, USA). An anti-VIP rabbit serum (ICN Biochemicals, Aurora, OH, USA) was used at 1:1250 dilution in 1% bovine serum albumin/phosphate-buffered saline (BSA/PBS). To block the VIP-specific reactivity of the anti-VIP antibody, synthetic VIP (MW = 3326; Sigma, St. Louis, MO, USA) at  $1.7 \times 10^{-7}$  M was used to preincubate the antibody at 4°C for 20 h prior to Western blotting. In control experiments, preimmune (normal) rabbit serum was used in place of the anti-VIP rabbit serum in the Western blot analysis of aqueous humor from donor human eyes.

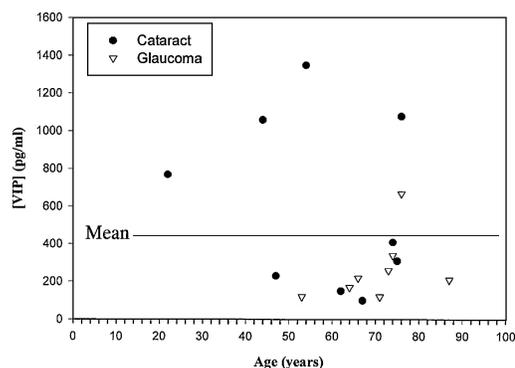
## Statistical Analysis

The significance level of the difference between the two groups was analyzed by Student's *t*-test.

## RESULTS

### VIP Immunoreactivity in Human Aqueous Humor

VIP immunoreactivity was present in human aqueous humor of all samples. As shown in Figure 1, the

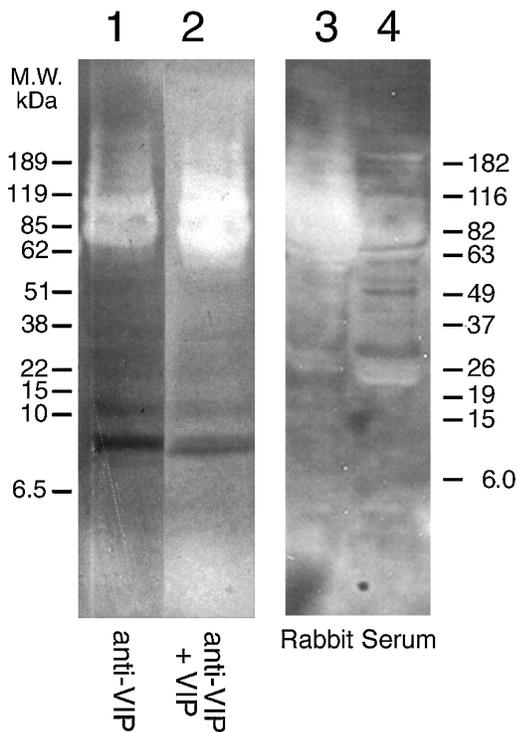


**FIGURE 1** Radioimmunoassay (RIA) for VIP immunoreactivity in the aqueous humor of eyes undergoing cataract and glaucoma surgeries. Aqueous humor samples were collected from patients undergoing cataract (●) and glaucoma (▽) surgeries. VIP immunoreactivity in each of these samples was measured in duplicate. The line indicates the mean level calculated from all samples.

level of VIP immunoreactivity present in the aqueous humor ranged from 100 to 1350 pg VIP/ml. The average concentrations of VIP immunoreactivity in the aqueous humor from nine patients undergoing cataract surgery and eight patients undergoing glaucoma surgery were  $607 \pm 156$  pg VIP/ml and  $260 \pm 64$  pg VIP/ml, respectively. The difference between the samples from patients undergoing surgery for cataract and those for glaucoma was significant ( $p = 0.03$ ). There was no correlation between VIP-immunoreactivity level and donor age in samples from patients going through either cataract or glaucoma surgery. The average concentration (mean in Figure 1) of VIP immunoreactivity of all 17 samples from either cataract or glaucoma patients was  $445 \pm 95$  pg VIP/ml. Among the five samples demonstrating concentrations of VIP immunoreactivity that were higher than 445 pg VIP/ml, four of them (80%) were from cataract patients. One out of eight (13%) aqueous humor samples from glaucoma patients demonstrated above-average level of VIP immunoreactivity, whereas four out of nine (44%) of that from cataract patients did.

### A 9000-Da Molecule Responsible for the VIP Immunoreactivity Detected in Human Aqueous Humor

Western blot analysis showed that human aqueous humor contained a VIP-immunoreactive molecule with a molecular weight of 9000 (Figure 2, lane 1). The immunoreactivity of the 9000 Da molecule was blocked by preincubation of the anti-VIP antibody with synthetic VIP (Figure 2, lane 2). The 9000 Da



**FIGURE 2** Anti-VIP-immunoreactive molecule in human aqueous humor. Western blot analysis of pooled human aqueous humor samples from 10 cataract patients showing a 9000-Da molecule reacted with the anti-VIP rabbit serum (lane 1). The reaction was diminished by preincubating the anti-VIP rabbit serum with synthetic VIP (lane 2). Preimmune rabbit serum did not react with the 9000-Da molecule in the analysis of aqueous humor from eyes of two donors (lanes 3 [age 73] and lane 4 [age 67]). Each lane contained 160  $\mu$ l (lanes 1 and 2), 250  $\mu$ l (lane 3), and 125  $\mu$ l (lane 4) aqueous humor sample (lyophilized and reconstituted).

VIP-immunoreactive molecule was absent from blots using preimmune rabbit serum instead of the anti-VIP rabbit serum in the analysis of aqueous humor collected from donor human eyes (Figure 2, lanes 3 and 4).

## DISCUSSION

VIP is a 3326-Da, 28-amino-acid neuropeptide.<sup>46</sup> VIP immunoreactivity was found at concentrations of approximately 200 pM VIP ( $610 \pm 160$  pg VIP/ml) and 78 pM VIP ( $260 \pm 64$  pg VIP/ml) in samples collected from patients going through surgery for cataract and that for glaucoma, respectively. Using the same method of detection, we have previously found that the concentration of VIP immunoreactivity in the aqueous humor of enucleated bovine eyes is 40 pM.<sup>4</sup> Troger *et al.* detected VIP immunoreactivity by RIA in cataract patients and patients with proliferative vitreoretinopathy (PVR) and found concentrations of 0.34 pM VIP in cataract patients and 4.5 pM VIP in patients with PVR.<sup>12</sup> Taylor *et al.* found that VIP immunoreactivity

in normal rabbit aqueous humor was 12 nM VIP using an indirect ELISA.<sup>11</sup> The levels of VIP immunoreactivity are not directly comparable between these reports because of differences in species, specimen preparation, and methods, including differences in antibodies. Nevertheless, the current study showed that the averaged level of VIP immunoreactivity in the aqueous humor from glaucoma patients was lower than that from the cataract patients. Although the presence of uncontrollable high intraocular pressure was the reason for glaucoma surgery, the aqueous humor collected from these patients may reflect this abnormality. It has been shown that increased intraocular pressure suppresses the stimulatory effect of VIP on the outflow in an animal model<sup>14,15</sup> and upregulates the VIP gene expression in trabecular meshwork cells in an organ culture system.<sup>45</sup> However, caution must be taken in the interpretation of the current data because eyes with glaucoma and cataract have gone through different therapies before their respective surgeries. In addition, the aqueous humor samples from the cataract eyes were taken before any other procedures were performed, while those from the glaucomatous eyes were from eyes that have been traumatized (see "Materials and methods").

Using Western blot analysis, we detected only one molecule of 9000 Da that was responsible for VIP immunoreactivity in human aqueous humor. No VIP immunoreactivity was detectable with a molecular weight of 3326 corresponding to the known MW of the mature 28-amino-acid VIP. It is possible that the 3326-Da VIP immunoreactivity was present, but our methods may not have been able to detect it. Repeated Western blot analysis of the synthetic 3326-Da VIP was not successful, likely due to improper transfer of this small molecule from the gel to the membrane. The biosynthetic precursor of VIP is the prepro-VIP (MW = 20,000).<sup>47,48</sup> We have previously identified a 20,000-Da VIP-immunoreactive molecule in the human corneal endothelium. Although the nonpigmented ciliary epithelium secretes neuropeptide processing enzymes,<sup>1-3</sup> the presence of these enzymes has been detected in the aqueous humor.<sup>1,2</sup>

Using synthetic peptides corresponding to five prepro-VIP-derived peptides in chromatography, Nilsson and Fahrenkrug have identified in the VIP-producing tumors as well as in the plasma of patients bearing these tumors prepro-VIP 22-79, 111-122, 80-108, 111-122, and 150-170.<sup>49</sup> Although their study was not designed to detect a 9000-Da prepro-VIP-derived

peptide, it demonstrated that either the prepro-VIP itself or its derived peptides was secreted by these tumor cells. Whether the mature VIP (preproVIP 125-152) is secreted by these or any other cells has not been determined. It is probable that the VIP-immunoreactive molecule was released as a 20,000-Da molecule into the aqueous humor and was then processed by the neuropeptide processing enzymes in the aqueous humor to form the 9000-Da VIP-immunoreactive molecule. How the 9000 Da VIP-immunoreactive molecule was cleaved from the prepro-VIP in the aqueous humor is not known at the present time. Whether the 9000-Da VIP-immunoreactive molecule is biologically active remains to be investigated. Most of the biologically active peptides including the mature VIP are amidated at its carboxy-terminal in a reaction catalyzed only by the peptidylglycine  $\alpha$  amidating monooxygenase (PAM), whereas PAM is synthesized and secreted by the ciliary epithelium.<sup>2</sup> Furthermore, PAM is an ascorbic acid-dependent enzyme.<sup>50</sup> Ascorbic acid, on the other hand, is concentrated in the human aqueous humor, in which the concentration of ascorbic acid is 14-fold that in the plasma.<sup>51</sup>

In conclusion, we determined the level of VIP immunoreactivity in the human aqueous humor collected during cataract and glaucoma surgeries, and the current study was the first to have demonstrated that only one molecule was responsible for the VIP immunoreactivity in the human aqueous humor.

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